

Perform

BUILD | PERFORM | RECOVER

Link to explainer video: <https://drive.google.com/open?id=1MSWyQMqYBAFxmFx01IcvIAZkbtCV4mwM/>



What is Perform?

Perform is a raw plant protein powder made with BCAAs to increase physical performance, improve muscle growth and optimise recovery.

- Perform is a fermented pea protein for optimal digestion without bloating.
- Contains Reishi Mushroom to improve immunity, support liver health & brain function for a better workout.
- Enhances energy and boost muscle growth with plant-based BCAAs

Listen to Josh's webinar for more info: https://vivo-life.slack.com/files/UN56R6L1K/FUBBAIGON/recording_120.mp4/



Why supplement with protein?

Protein is an important component to every cell in the body and plays many critical roles which are required for the structure and function of the body.

It is an essential macronutrient that helps build muscle, repair tissue, and make enzymes and hormones.

- It is one of the building blocks of bone and muscle growth which the body needs to produce hormones, enzymes, and other chemicals.
- Used to increase physical performance by helping to build muscle mass and strength.
- **Perform** is a convenient way to consume protein before and after a workout.
 - It is fermented, containing bioactive nutrients which nourish the gut lining and strengthen digestive system for absorbing nutrients without bloating.

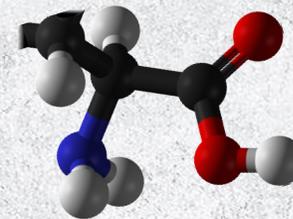


How does Perform work?

Consume 25g of protein powder



During exercise and digestion, Amino Acids (BCAA's) turn into protein muscle synthesis



Giving muscles energy to recover and strengthen



Resulting to the increase of muscle growth



PERFORM will help you:



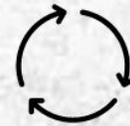
BUILD

Build lean muscle and strength with 25g of plant-based protein per scoop



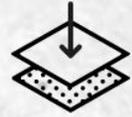
PERFORM

Enhanced with energy boosting superfoods and plant-based BCAA to enhance performance



RECOVER

Recover faster with antioxidant rich turmeric extract



ABSORB

Raw and fermented protein enhanced with digestive enzymes for faster absorption

FASTER!



PERFORM ingredient breakdown

By using the highest quality plant-based ingredients to make PERFORM, we are offering the healthiest and most effective protein powder on the planet!



**BIO FERMENTED YELLOW
PEA PROTEIN**



**COLD PRESSED HEMP
PROTEIN**



PLANT-BASED BCAA



REISHI MUSHROOM



FREEZE DRIED ACAI BERRY



LUCUMA FRUIT POWDER



**GELATINISED MACA
POWDER**



DIGESTIVE ENZYMES



HIMALAYAN SALT



WHOLE FOOD FLAVOURS



RAW CACAO POWDER



What makes Perform unique?

- Our Perform is made from the **highest quality, ultra pure, fermented** plant-based protein.
- Contains **Reishi Mushroom** to support liver health and brain function.
- **Heavy metal tested** and **third party tested** for quality and purity.
- It costs just **1.53p** per serving.
- We plant 1 tree for every purchase.
- It comes with a **30 day money back guarantee**.
- Certified by **The Vegan Society**.
- Subscription available – meaning customers will never run out of their favourite product, we have also taking the pain out having to remember to repurchase.



Who is this for?

- Bodybuilders
- Powerlifters
- Athletes
- Fitness fanatics / avid gym goers
- People looking to improve physical performance
- Vegans and Vegetarians



How to use

Add 1 scoop of PERFORM to the blender or shaker with 250ml liquid (water, coconut water, nut milk) and other ingredients of choice. Mix well and enjoy!

For best results, use with Vivo Life's SUSTAIN.

It is recommended that customers store **PERFORM** in a cool place away from direct sunlight and out of sight of children. Do not exceed the stated dose unless recommended by their health practitioner.

Ingredients for Cinnamon & Banana : *Bio-Fermented Yellow Pea Protein, Cold Pressed Hemp Protein, Leucine, Isoleucine, Valine, Gelatinised Maca, Raw Lucuma Fruit, Turmeric Extract, 95% Curcuminoids, Digestive Enzymes (Ginger Extract, Papain, Peppermint Leaf), Natural Caramel Flavour, Konjac Fibre, Stevia Extract, Pink Himalayan Salt.*



How do we compare?

	Vivo Life Perform	Vega Clean Protein	Vega Sport Protein	Sunwarrior Classic Plus	MyProtein Vegan Blend	Bulk Powders Vegan Blend	SciMX V-Gain
25g protein per serving	✓	✓	✓	✓	✗	✗	✗
Raw Protein	✓	✗	✓	✗	✗	✗	✗
Functional foods	✓	✓	✓	✗	✗	✗	✗
No artificial flavours	✓	✓	✓	✓	✗	✗	✗
Grain free	✓	✓	✓	✓	✓	✗	✗
Soy free	✓	✓	✓	✓	✗	✓	✗
Heavy metal checks	✓	✗	✗	✓	✗	✗	✗
Organic ingredients	✓	✗	✗	✓	✗	✗	✗
Fermented proteins	✓	✗	✗	✗	✗	✗	✗

Pricing

Store	Price	Servings	Price per serving
UK	£39.99	26	£1.53
USA	\$58.99	26	\$2.26
DE	€46.99	26	€1.80
EU	€46.99	26	€1.80



FAQ's

Does PERFORM contain added sugar?

No! We use stevia leaf to provide natural sweetness without the need for added sugar.

Is the BCAA in PERFORM made from duck feathers?

No! Unlike most BCAA on the market PERFORM is not made from duck feathers, kitten fur or horse hair. Our BCAAs are made from 100% plant sources using fermentation.

Does PERFORM contain caffeine?

No, PERFORM does not contain caffeine.

